



**Memorial General Surgeons**

1340 Broad Avenue  
Suite 240  
Gulfport, MS 39501-

Patient: **Helwick, Paula**  
DOB/Age/Sex: 3/29/1954 69 years Female  
MRN: 0000857597  
FIN: 2009034998  
Location: GenSurgeons

Admit: 4/5/2023  
Disch: 4/5/2023  
Admitting: Carter, Kristine M MD  
Attending: Carter, Kristine M MD

Document Type: Surgery Office/Clinic Note  
Service Date/Time: 4/5/2023 10:26 CDT  
Result Status: Auth (Verified)  
Perform Information: Carter, Kristine M MD (4/5/2023 10:33 CDT)  
Sign Information: Carter, Kristine M MD (4/5/2023 10:33 CDT)

**Chief Complaint**

New patient referred here for right inflammatory breast cancer

**History of Present Illness**

69-year-old female presents today for evaluation of advanced right breast cancer. She was initially diagnosed in 2020 with an inflammatory breast cancer. Right breast skin biopsy 9/21/2020 showed carcinoma in the dermis, consistent with mucinous adenocarcinoma.

ER 60% moderate

PR 2% strong

HER-2 positive 3+

She refused adjuvant chemotherapy. I was contacted by Dr. Hightower as she is interested in possible mastectomy due to a fungating wound of her right chest wall. She recently underwent staging scans and was found to have tumor which is fixed to the chest wall. She is also diagnosed with lung and liver metastasis. She was seen yesterday by radiation oncology who discussed palliative radiation. She is considering palliative chemotherapy.

**Review of Systems**

Constitutional, ENMT, Respiratory, Cardiovascular, Gastrointestinal, Genitourinary, Musculoskeletal, Neurologic, Psychiatric, Integumentary, Endocrine, and Hematological systems are all negative unless mentioned above.

**Physical Exam**

Vitals & Measurements

HT: 169 cm HT: 169 cm

**Metric Conversions**

Conversion Kg to Pounds: 127.43 (04/04/23 15:20:00)

Conversion cm to Inches: 66.54 (04/05/23 09:59:00)

Conversion C to F: 98.24 (04/04/23 15:20:00)

**Self-Reported Vitals**

No qualifying data available.

**Pain Assessment**

Able to Self Report Pain Tools: Numeric rating scale - 6 years and older (04/05/23 09:59:00)

Numeric Pain Scale: 0/10 (04/05/23 09:59:00)

Numeric Pain Score: 0 (04/05/23 09:59:00)

General: No acute distress

HEENT: Normocephalic, atraumatic. Moist mucous membranes

Neck: Supple. No JVD.

Cardiovascular: Heart regular rate and rhythm.

Respiratory: Lungs normal effort

Gastrointestinal: Soft, nontender, nondistended.

**Problem List/Past Medical History**

Ongoing

Breast cancer

Closed fracture of distal end of radius

Fracture of distal end of radius

Hypertension

Intentional weight loss

Wrist stiff

Historical

No qualifying data

**Procedure/Surgical History**

Tonsillectomy

**Medications**

Home

No active home medications

**Allergies**

No Known Allergies

**Social History**

Alcohol

Past

Employment/School

Retired, Work/School description: Retired from Retail sales. Highest education level: Some college.

Home/Environment

Lives with Spouse. Living situation: Home/Independent. Alcohol abuse in household: No. Substance abuse in household: No. Smoker in household: No. Injuries/Abuse/Neglect in household: No. Feels unsafe at home: No.

Nutrition/Health

Wellness Healthy diet

Sexual

Sexual orientation: Straight or heterosexual. Identifies as female Gender Identity:.

Substance Abuse

Never

Tobacco

**Memorial General Surgeons**

Patient Name: **Helwick, Paula**

FIN: 2009034998

DOB: 3/29/1954

MRN: 0000857597

Musculoskeletal: No peripheral edema. No calf tenderness.

Never (less than 100 in lifetime) Tobacco Use:.

Skin: No rash or skin lesions.

Neurological: No focal deficits noted.

Psychiatric: Normal Affect

**Family History**

Breast: Fungating right breast wound which encompasses the entire breast and is fixed to chest wall with matted axillary lymph nodes, left no masses, skin changes, nipple discharge, or lymphadenopathy

Breast cancer: Sister.

Heart disease: Mother and Father.

Schizophrenia: Brother.

**Assessment/Plan/Goals**

Metastatic breast cancer (Malignant neoplasm of unspecified site of unspecified female breast, C50.919) .

69-year-old female with metastatic breast cancer with fungating right mass which encompasses the entire breast tissue and is fixed to chest wall. Due to the extent of the local disease, she is not a surgical candidate. This was explained to the patient and her husband at bedside. Recommend patient follow-up with me if mass decreases in size with treatment as she is considering both radiation and chemotherapy. She will follow-up with me as needed. Will discuss with Dr. Hightower.

Electronically Signed on 04/05/2023 10:33 AM CDT

---

Carter, Kristine M MD